



**NORTH ITASCA
ELECTRIC**

OWNED BY THOSE WE SERVE

**WATTS
NEWS**

VOL 24 NO. 11

PUBLISHED FOR THE MEMBERS OF NORTH ITASCA ELECTRIC COOPERATIVE

NOVEMBER 2022

CEO Report

Good afternoon to the fine folks of North Itasca!

Looks like it's going to be a nice MEA weekend. I'm planning to take my oldest daughter hunting for the special youth hunt here in Minnesota. The warm temperatures won't be great for hanging a deer, but it will make playing crazy eights in the stand quite comfortable.

After spending a couple of years together hunting, I've learned quite well... It's not about the hunting. I find it quite difficult to see deer when I have two daughters with the giggles. They're happy and enjoying the hunt,

I'm proud to have them out in the field, it's going to be a great weekend.

It's time to start talking about rates. We are about 80 percent done with our budget we will be releasing to the board next week.

Again, the board is responsible for setting the rates based off the numbers I provide them. My staff and I work very hard to ensure the board have accurate numbers to work from. I will be suggesting a rate increase to our directors this year. I don't want to quote a number incorrectly then reel it back in. I can tell you



Brad Dolinski, CEO

what I know as of today. I'm not trying to scare anyone; I was quite pleased where we are landing with the pressures we continue to face.

I will start with off-peak rates. The heating rates are going up from Great River Energy and I will suggest passing these costs directly into the program without any other changes. The storage

CEO to p.2>

North Itasca Electric secures CoBank grants



This fall North Itasca Electric worked with our lender CoBank and its Sharing Success program to apply for grant funds up to \$10,000. We were awarded two \$5,000 grants. One is earmarked for Itasca Economic Development Corporation and the other for Northland Progressive. CoBank is one of the Grants to p.2>



Business Spotlight:

Joe and Lori Duwenhoegger,
new owners of Northome Lumber

by Rena F. Troy

On August 11, 2022, new owners officially took over the Northome Lumber business in Northome. Former owner Tim Swalboski ran the company for the past five years and is sticking around for a little bit to help the new owners, Joe and Lori Duwenhoegger, get accustomed to running the business.

Joe and Lori live in the Wildwood area, which Joe has called home for the past 19 years. He originally came up for bear hunting and fell in love with the area. Joe worked road construction for the past 16 years, and Lori worked road construction for the past eight years. They were married in 2014.

"It worked well," said Lori, "because we worked for the same company and the same shifts. They mainly ran the "rollers."

"It was time for a change," said Joe, "and

Lumber to p.7>



Safety tips

from the line crew

Cody Eischens (l) and Trevor Michienzi recently sat down to give us some safety tips from the line department. Please read what they had to tell us.

Slow down and move over! Please, this is our office of sorts. We are working around the trucks with limited visibility and

they are fairly loud. We can't hear you coming our way and for our safety and yours, please slow down and move over when you see our trucks working. This is Minnesota law.

- When traveling on a road with two or more lanes, drivers must keep over one full

lane away from stopped emergency vehicles with flashing lights activated — ambulance, fire, law enforcement, maintenance, construction vehicles and tow trucks.

- Reduce speed if unable to safely move over a lane.

Safety to p.2>



Operation Round Up grants awarded

Operation Round Up Community Trust Board held its fall meeting on October 13 to award grant applications. There were 30 applications submitted with requests totaling \$67,512.64. The amount

available for distribution was \$10,700. Operation Round Up® is a charitable program designed to provide financial assistance to local nonprofit organizations and community projects.

Nearly 85 percent of North Itasca Electric's 5,300 members voluntarily participate in the program by "rounding up" their electric bills to the nearest dollar each month. The

Round Up to p.4>

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Christmas contests

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Ranges on sale!

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Hunter's Suppers

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Office Hours

Monday - Friday
7 a.m.-3:30 p.m.
(218) 743-3131

CEO Report (continued)

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 rates or long-term control rates increased .0031 cents per kWh, this would change that program from \$.055 to \$.0581/kWh. The dual fuel program or short-term control will go up \$.0043 cents per kWh, currently the rate is \$.0635 and will be \$.0678/kWh. This will shift the off-peak rates just over five percent.

Next are the general service rates. It doesn't matter if you have a small cabin, business or large home on North Itasca's system, we all own this machine together. We are all responsible for the maintenance and construction of our lines on the system we own together. The difficult conversation when we discuss rates is ensuring that the rates are fair across all Member-Owners.

There are costs that are directly related to kWh sales. Other costs like construction and maintenance are shared by all, these costs are reflected in the general service fee. How do we distinguish what the kWh charges should be and what the base fee should be?

We have our budget broken out to show these costs. We split each section down to reflect if

the cost is shared by all or if it is an individual expense.

Think of the power bill we get from GRE for a moment. This would be an individual expense, you could use less kWh, turn lights, or loads off. You can switch from electric heat to another source. Based on the amount of electricity you use; your bill will go up or down.

Now for another example, our operation and maintenance accounts. We all share in these costs equally; they are reflected in our service fee. We must have the lines in good operating condition for you to have the ability to use power. As a Member-Owner of your cooperative we share these costs, and they are not individual.

We worked with Great River Energy as they were developing their budget for 2023. GRE is seeing pricing pressures driven

by the rising cost of natural gas. These increases are directly related to the cost of electricity, natural gas is one of the fuels burned to produce our power. When the dust settled at GRE, I found the cost of electricity went up at North Itasca Electric almost exactly 6 percent. This increase along with the other pressures I talked about last month will force me to suggest a rate increase to our board of directors.

Working with my staff and the directors, we have enjoyed flat rates since 2018. After five years and almost a different world entirely I am out of wild cards to play. I have a duty to protect your financial investment in your cooperative, please understand I never take these decisions lightly.

Safety tips

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- Failing to take these actions endangers personnel who provide critical and life-saving services. Fines can exceed \$100.

Again we see requests in the paper not to touch down power lines. We urge you not to mess around with the power lines. We have heard of people thinking using a stick will protect them while moving the wire, it won't. We test, ground, and use personal protective gear when we handle the dangerous equipment. We have seen wires moved, rolled up, and messed with including removing trees from hanging lines. This is dangerous for you and us, we don't want to show up to an outage and find you hurt or worse. Please respect the lines that we care for. Please stay back at least 50' from downed lines or equipment.

Another great tip is to keep the area below the power lines clear. This is the right of way, when there is stuff parked or blocking us from getting to the lines it makes restoring outages less safe and take longer. Please keep the right of way clear.

CoBank grants

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where funding can most effectively be provided to benefit their communities. Since Sharing Success was established in 2012, CoBank and its customers have together contributed \$66 million dollars to various groups. North Itasca Electric is proud to take part in the program once again in 2022.

customers often know best

Electrical Inspections

Except for minor repair work, all electrical work you do at your home, cabin, or property is required to be inspected by a State Electrical Inspector.

A rough-in inspection must be made before any wiring is covered. A final inspection is also required. Please visit www.electricity.state.mn.us for more information. The inspectors can be reached weekday mornings between 7:00 a.m. and 8:30 a.m.

- **Itasca County** - Steve Bartlett (218) 591-1616
- **Koochiching County** - Curt Collier (218) 966-5070
- **Beltrami, Clearwater counties** - Davis Smid (507) 227-2772



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 WATTS NEWS Editor: Sally Sedgwick

Send all calendar items, recipes, advertisements and other correspondence for WATTS NEWS to the Editor at: P.O. Box 43, Spring Lake, MN 56680



North Itasca Electric Cooperative, Inc.
Board of Directors

Chairman: Larry Salmela, District 3
 Vice-Chair: Wes Waller, District 2
 Secretary: Lloyd Kongsjord, District 5
 Treasurer: Roy Bain, District 9
 Rep. to GRE Board: Lloyd Kongsjord, District 5

James White, District 1 Mary Rahier, District 4
 Todd Christensen, District 6 Bruce Leino, District 7
 Jeff Kilian, District 8

Highlights from the Board Room

NORTH ITASCA ELECTRIC CO-OP., INC.
MINUTES FOR THE REGULAR BOARD MEETING
September 28, 2022

Start time: 10:00 a.m.

End time: 2:50 p.m.

The regular meeting of the Board of Directors was held at the office and electronically through Zoom on September 28, 2022.

Directors Present: M. Rahier, B. Leino, J. White, W. Waller, L. Kongsjord, J. Kilian, R. Bain, L. Salmela and T. Christensen

Also Present: CEO Brad Dolinski, Jerry Loney, Andy Shaw, Daryl Pederson, Tina Danielson and Kim Giesen.

Start Regular Board Meeting: 11:10 a.m.

- o Pledge of allegiance was recited.
- o A motion was made to adopt agenda. Seconded, motion carried. A motion was made to consent agenda. Seconded, motion carried.
- o Legal Update. A. Shaw reviewed Board Policy 300.50 Disaster Recovery. There are no changes to the policy.
- o Article IV of the Bylaws was reviewed.
- o A motion was made to approve temporary easement to MNDOT for improvement to Highway 38. Seconded, motion carried.
- o Safety discussion was held. Reminder to wear blaze orange in the woods. Be aware of more ATV traffic. The sun is getting low in the sky. Slow down when driving against the sun, wash your windows inside and out. Check your mirrors while driving, be alert to the people behind you.
- o T. Danielson gave the Operating Reports. A motion was made to approve the Operation Reports. Seconded, motion carried.
- o Board budget was reviewed.
- o D. Pederson gave the Line Department report. Still experiencing long lead times for the repair equipment for the Jessie Lake substation. There are still lots of trees to be cut due to the spring storms.
- o J. Loney gave the Members Report. Operation Round Up meeting is October 13, 2022.
- o T. Danielson gave the Office Report.
- o Reviewed the Capital Credits and General Retirement numbers. A motion was made to accept the recommendation Tina made to pay out Capital Credits for 1999 and 2001. Seconded, motion passed.
- o CEO update by B. Dolinski. Economic development awarded \$10,000 grant money. Material shortage issues are widespread. Budget will be previewed next month.
- o W. Waller gave the MREA report.
- o L. Kongsjord gave the GRE report.

The world might be changing, but your Cooperative “North Itasca Electric” and its principles will remain the same

by Jerry Loney

Thinking positive can be a hard thing to do when we see so many changes taking place in the world around us. Not only are prices increasing for things we need but also tensions and frustrations as well.

We at North Itasca Electric Cooperative and all the Cooperatives share the same issues making it harder to complete projects we have on the books, but what will remain the same are the principles cooperatives share. The seven principles are:

1. Open and Voluntary Membership

Membership in a cooperative is open to all people who can reasonably use its services and stand willing to accept the responsibilities of membership, regardless of race, religion, gender or economic circumstances.

2. Democratic Member Control

Cooperatives are democratic organizations controlled by their members, who actively participate in setting policies and making decisions. Representatives (directors/trustees) are elected among the membership and are accountable to them. In primary cooperatives, members have equal voting rights (one member,

one vote); cooperatives at other levels are organized in a democratic manner.

o Brad called for a vote on the Operation Round Up Board Candidates. A motion was made to accept the candidates as they are the same as last year. Seconded, motion carried.

o A motion was made to adjourn. Seconded, motion carried. Meeting adjourned at 2.35 p.m.

Regular board meetings are generally held the fourth Thursday of every month. If you wish to speak with the board or have an item that you would like to have placed on the agenda, please contact CEO Brad Dolinski at least two weeks in advance to be included

one vote); cooperatives at other levels are organized in a democratic manner.

3. Members' Economic Participation

Members contribute equitably to, and democratically control, the capital of their cooperative. At least part of that capital remains the common property of the cooperative. Members allocate surpluses for any or all of the following purposes: developing the cooperative; setting up reserves; benefiting members in proportion to their transactions with the cooperative; and supporting other activities approved by the membership.

4. Autonomy and Independence

Cooperatives are autonomous, self-help organizations controlled by their members. If they enter into agreements with other organizations, including governments, or raise capital from external sources, they do so on terms that ensure democratic control as well as their unique identity.

5. Education, Training and Information

Education and training for members, elected representatives (directors/trustees), CEOs, and employees help them effectively contribute

to the development of their cooperatives. Communications about the nature and benefits of cooperatives, particularly with the general public and opinion leaders, help boost cooperative understanding.

6. Cooperation Among Cooperatives

By working together through local, national, regional and international structures, cooperatives

improve services, bolster local economies, and deal more effectively with social and community needs.

7. Concern for Community

Cooperatives work for the sustainable development of their communities through policies supported by the membership.



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Operation Round Up

>from p.1
extra change is pooled into a separate account, which is used toward charitable giving purposes.

The average annual donation is less than \$6.00 per member. The maximum annual contribution is \$11.88 per year. Although the change comes in small amounts, when combined with other participating co-op members, the potential impact makes a substantial difference in northern Minnesota's communities.

Of the funds collected through Operation Round Up, 100 percent is distributed to charitable organizations. Since the program's inception in October 2005, more than \$402,031.27 has been distributed to many community-based projects and programs.

Operation Round Up funding supports the following giving

categories:

- Community Service
- Education and Youth
- Community Economic Assistance
- Environment
- Emergency Energy Assistance
- Disaster Relief

A nine-member Trust Board administers the Operation Round Up program, of which all are North Itasca Electric members. They meet bi-yearly to review applications and disperse funds to various community organizations and projects. Trust Board members volunteer their time.

Bi-yearly application deadlines are April 1 and October 1. Applications and more information about Operation Round Up is available at www.northitascaelectric.com.

Amounts given out are shown in the chart on this page.

| October 2022 Operation Round-Up Grants awarded | Project Title | Amt Awarded |
|--|--|--------------------|
| Northome First Responders | Large EMS equipment bag | \$300.00 |
| New Beginnings Pregnancy Care Center | Diapers and wipes for families in need | \$300.00 |
| Northome School | Northome School apiary, garden and orchard project | \$300.00 |
| Northome School - behavioral health | Behavioral Health Department | \$300.00 |
| Northome School | 2023 Prom | \$300.00 |
| Northome pack & school supplies | Pack & school supplies | \$300.00 |
| Northome School food pantry | Northome School food pantry | \$1,000.00 |
| Northome City Library | Library supplies and programs | \$300.00 |
| Wildwood - Plum Creek Community Club | Repair to building sign | \$250.00 |
| North Itasca Emergency Food Shelf | Holiday dinner for NIEFS neighbors in need | \$1,400.00 |
| Northome Community Education | Elementary Fall / Winter athletics | \$250.00 |
| Deer River Sportsman's Club | Support Youth Day Project | \$300.00 |
| Northern Itasca Hospital District dba Bigfork Valley | Lift Box for patient rehab | \$250.00 |
| Northern Itasca Hospital District dba Bigfork Valley | Fitness Center locks for locker room | \$300.00 |
| Mathematics classes 9-12 | Calculators in students hands | \$300.00 |
| Bigfork High School Special Education | Snack cupboard for students | \$350.00 |
| Bigfork Backwoods Bots | Backwoods Bots Robotics Program | \$300.00 |
| Bigfork High School | Multicultural Literary Perspectives | \$300.00 |
| Deer River High School | Digital reading / writing resources | \$300.00 |
| Northome School Student Council | Fall festival / Halloween carnival | \$300.00 |
| Bigfork Improvement group | (2 projects) Halloween and Adopt a Nursing Home | \$300.00 |
| City of Squaw Lake | Annual Community Halloween Party | \$300.00 |
| Mizpah Home Town Christmas | Mizpah Home Town Christmas | \$300.00 |
| City of Mizpah | City playground equipment | \$300.00 |
| Bigfork Huskie football team | Bigfork football team | \$300.00 |
| City of Squaw Lake | Community Center floor Restoration | \$300.00 |
| Bigfork Parent Teacher Association | 2022-2023 Financial Assistance | \$300.00 |
| Northeast Itasca Rescue / Bearville first responders | High visibility PPE | \$300.00 |
| City of Squaw Lake | LED home lighting and fire extinguishers | \$300.00 |
| Ardenhurst Township | Minnesota public building compliance | \$300.00 |
| | | \$10,700.00 |

Keeping pets and energy bills comfortable

by Anne Prince
I don't know about you, but I consider my four-legged companion(s) part of the family. I know

others feel this way, too. That's why during the winter months, we make sure our whole family, including our four-legged

members, is cozy—without taking a big “bite” out of our budget. We know winter can be “ruff,” so we set our thermostat at 68 degrees, a “purr-fect” temperature for people and pets. This is especially important for smaller, short hair and senior dogs—not just for warmth, but for their general health. Puppies, kittens and older pets with arthritis or other ailments may have a harder time controlling their body heat and need the additional warmth when it's chilly out.

Pets that sleep close to the floor can be subject to cold drafts that enter your home through windows and exterior doors. If your

pet's bed is near a window or door that feels drafty, tightly roll up a towel and place it near the bottom of the door or window to eliminate the draft. Cutting down on cold drafts helps everyone feel more comfortable during colder months.

If possible, elevate your pet's bed so it's not placed directly on a cold floor. An old chair or sofa cushion works well. If you don't use a dog bed, take some old blankets and create a donut shape on the cushion so the dog can snuggle and “nest” within the blanket.

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Cold weather rule & energy assistance program notice

In accordance with Minnesota's Cold Weather Rule, electric service cannot be disconnected for nonpayment between Oct. 1 and April 30 if electricity is the primary heat source and ALL of the following statements apply:

- Your household income is at or below 50% of the state median household income. Income may be verified on forms provided by North Itasca Electric Cooperative or by the local energy assistance provider.
- You enter into and make reasonably timely payments under a payment agreement that considers the financial resources of the household.
- You receive referrals to energy assistance, weatherization, conservation, or other programs likely to reduce your energy bills from North Itasca Electric Cooperative. Minnesota's Cold Weather Rule does not completely stop winter disconnects before disconnecting electric service to residential members between Oct. 1 and April 30,

North Itasca Electric Cooperative must provide:

- A 30-day notice of disconnection;
- A statement of members' rights and responsibilities;
- A list of local energy assistance providers;
- Forms on which to request Cold Weather Rule protection; and
- A statement explaining available payment plans and other options to continue service.

Energy Assistance Program

The Energy Assistance Program (EAP) is a federally funded program through the U.S. Department of Health and Human Services which helps low-income renters and homeowners pay for home heating costs and furnace repairs. Household income must be at or below 60 percent of the state median income (\$67,764 for a family of four) to qualify for benefits. Applications must be received or postmarked by May 31, 2023. To learn more about the EAP program or to apply for assistance:

- Visit the Minnesota Department of Commerce Energy Assistance website, <https://mn.gov/commerce/consumers/consumer-assistance/energy-assistance/>, for more details and to access the application portal.

- Contact your county EAP service provider for additional information and assistance, Kootasca Community Action (218) 999-0800. North Itasca Electric Cooperative exists because of you, and we are dedicated to the people and communities we serve. If you are having difficulty paying your electric bill and do not qualify for either of these programs, please contact Sheila Hafeman at (218) 743-3131 to set up a payment plan.

Energy assistance

If you cannot pay your winter heating bills, contact one of these locations for energy assistance help.

KOOTASCA ENERGY ASS'T.
201 NW 4th St., Ste 130
Grand Rapids MN 55744
218-999-0800
877-687-1163

BI-COUNTY COMMUNITY ACTION COUNCIL
P.O. Box 579
Bemidji, MN 56601-0579
800-332-7161

ITASCA COUNTY SOCIAL SERV.
Itasca County Courthouse
123 NE 4th St
Grand Rapids, MN 55744
218-327-2941

KOOCHICHING COUNTY FAMILY SERVICES
615 4th St
International Falls, MN 56649
218-283-8405

LEECH LAKE ENERGY ASST.
115 6th St, Ste E, Cass Lake, MN 56633
218-335-8292

WWW Website highlights:
NorthItascaElectric.com

Checking for local contractors

Not everyone advertises! If you are looking for contractors: general, electrical or HVAC, NorthItascaElectric.com maintains a list of local businesses and contact information. You can find them under the Member Services tab.

If you are a contractor in one of these categories and are not listed, contact the office at (218) 743-3131 and add your listing.

House and equipment moves

Here's a tricky one: you want to move some tall equipment but there is a problem. There's a distribution line crossing the road where you want to travel.



Here's the solution: contact North Itasca Electric. The cooperative will assist your move by dropping the lines as you go along your route. They will also find the best and safest route for you. There is a fee. For more information, check out House Moves under the Operations tab.

Appliance repair tips

What was that tip about water dispensers that Roxanne talked about in her Repair Tip column, and when was it? It seemed like a great idea to know, but you didn't need it until...now!

Roxanne's Tips are collected in one place on the website. You can find them in Roxanne's Wisdoms under the Shop Appliances tab.

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Roxanne's Repair Tips:

Cleaning lint from a dryer:

Step by step instructions

Purchase a dryer cleaning kit from Walmart, Amazon or a hardware store!

Step 1: Remove lint screen
Step 2: Remove lint from the screen with your fingers

Step 3: Vacuum inside lint trap opening using the flexible hose that attaches to your vacuum cleaner from the kit. Push it in and all the way to the back of the machine. Keep moving it all around to suck up any loose lint.

Step 4: Inspect your lint screen for residue. If you use fabric softener it will build up on the screen so pull it out and wash it occasionally.



Step 5: Make sure the area you are putting the lint screen back into is clean from lint and residue. Put the lint screen back in dryer.

Step 6: Clean other areas where lint may accumulate. Sometimes on the bottom or around the dryer door. Some people take the dryer front off to clean it, but if you use the kit pieces you shouldn't have to.

Cleaning the exhaust vent

Clean the exhaust vent about once a year. Dryer vents can gather lint, which is a fire hazard.

Unplug your dryer and move it away from the wall. If you have an electric dryer, just unplug the cord.

Clean the dryer duct opening with a brush or use your vacuum nozzle

to clean it. Brush out the inside of the vent hose, using the brush that came in the cleaning kit. Some of the brushes will attach to a drill which will make it easier to turn the brush in the dryer hose.

Then vacuum or brush any remaining debris from the outside vent.

“How do I know if my dryer is getting clogged with lint?”

** One of the first signs that your dryer vent is clogged is when your clothes are no longer fully drying during a regular dry cycle.
** Have you noticed a burnt odor coming from your dryer whenever you have a load going?
** Is the dryer's exterior getting hot while dryer is going?

** Are you seeing sizable amounts of lint? If you are seeing any of these signs turn the dryer off and clean it right away. Lint is very flammable, and it can catch fire in the dryer and burn your house down. That's why it is a good policy to never leave your dryer going and leave the house.

“Why would lots of lint come out of my dryer?”

This happens because of excess dry times and occurs more when you wash fuzzy blankets and such.

Here's a little tip I came across:


Lint makes great fire starters. This works for people who do a lot of camping, fishing, hiking or hunting, due to the fact that it is waterproof, light and easy to carry in case you need help starting a fire.

Instructions:

- Grab an empty egg carton
- Fill each of the twelve spots with a pinch of dryer lint, making sure not to overfill it or pack it too tightly.
- Pour melted wax into each 'cup', completely

covering and saturating the lint.
• Poking it with a knife or fork can help the wax work its way into the lint.
• Set it aside to dry on waxed paper or newspaper (or something similar).

CORY SMITH FOR ITASCA COUNTY
DISTRICT 1 COMMISSIONER



What I believe in:
We need to listen to what the public's concerns are. I believe we need to have transparency and accountability in every move we make as a government. When you have an open dialog, the public will keep us accountable for our decisions because ultimately that is who we work for and who we need to answer to. I will do my best to promote this great county to draw new business, large or small to continue to build our tax base. I also will work tirelessly to help the great businesses we have in this county and use the natural resources that we have like the logging and mining industries and the tourist industry.

Prepared and paid for by Cory Smith.

 **Vote**
Sally Sedgwick
Soil & Water Conservation District

Paid for by the candidate on her behalf.

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Northome Lumber has new owners

>from p.1

I've always wanted to run my own business."

A combination of factors helped them decide to give up road construction and look for something closer to home. "Much of it had to do with the grandkids," said Lori. She liked that she now had more time to spend with family. "We were tired of being away from home all the time."

"Tim and Donna have been absolutely great in helping us transition into the business," explained Lori. "I looked out the window the other day, and Donna was mowing our lawn. Now that is dedication." Tim stops over every day and helps get them used to the routine and meeting the community's needs.

"Transition has been slow," said Lori, "Trying to get everything done and to learn everything we need to know."

They are remaining "Northome Lumber" and are very happy to be in the business to serve the community. They may be adding some things in the future. Lori runs her own home décor business and is eyeing an area that may offer her products. Joe would like to do something to cater to the bear hunting community, and they are open to suggestions as to what people would like to see them offer. "I had a guy stop in the other day and ask if we sold flea and tick collars for dogs," said Joe; "maybe need to think of something like that. I don't know."

Lori works part-time for the city of Northome in maintenance. When she is not working there, she is helping Joe with the business end, and Joe knows the lumber end.

There will be some changes coming up and it may just start with a few deer mounts of Joe's. "We are looking for ways to make the business homier," said Lori, "and goodness knows we have plenty of mounts in our home. Maybe it's time they find a new home."

Stop in and say "hello" to the new owners. They have a way of making everyone feel welcome and appreciated.

Reprinted from the Bear Country Chronicles, Sept. 1, 2022. Used with permission.

New owners of Northome Lumber Joe (l) and Lori Duwenhoegger with former owner Tim Swalboski

More ways to save energy and money...in your heating system

- Set thermostats to 68 degrees during winter months.
- Run ceiling paddle fans on low, blowing upwards.
- Change furnace filter monthly.
- Ensure windows are locked for good seal.
- Insulate exterior electric wall outlets and switches with foam pads.
- Caulk along windows and door with a clear sealant.
- Close fireplace dampers when not burning a fire.
- Caulk around all exterior wall penetrations.
- Close drapes at night to keep heat in. Open during the day for solar heat.
- Insulate attic access door.
- Do not close off unused rooms that are conditioned by forced-air systems.
- Do not close supply air registers.
- Check to be sure return grilles are not blocked by furniture or bookcases.
- Do not use roof-top power ventilator for attic exhaust.
- Use heavy-duty, clear sheets of plastic on the inside of windows to reduce the amount of cold air entering your home.
- Minimize use of electric space heaters.
- Ensure Air Source Heat Pump are kept clean and free of debris.
- Ensure floor registers are not blocked with rugs, drapes or furniture.

Wildwood Hunters Supper 2022
Lasagna Dinner to go: \$50
Feeds 4-6 adults.
 Pickup available Friday and Saturday, Nov. 4 & 5
at Plum Creek Town Hall
 12122 Co. Rd. 27, Northome, MN 56661
 Email wildwoodplumcreek@gmail.com
 to reserve your order and for more details.
 Any questions, call (218) 897-9596, ask for Jodi or Lauren

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Frigidaire FFEF3016VW \$760.93 SALE \$ 700.06

- Large interior capacity: 5.3 cu. ft.
- One-Touch self- clean
- Auto shut-off after 12 hours
- Large oven window
- Electronic kitchen timer
- StoreMore storage drawer
- Black porcelain cooktop
- Integrated handle design
- 4 Adjustable leveling legs
- Color: white



LG LREL6323D \$1016.60 SALE \$935.27

- Stay carefree from gas leakage hazards, thanks to the electric operation.
- This single oven cooking range delivers quick and healthy cooking for you and your family.
- Oven modes: Bake, Broil, Easy Clean, Keep Warm, Air Fry, Self-Clean, Convection Bake, Convection Roast
- ThinQ and Proactive Customer Care
- 9-inch and 12-inch dual cooking elements
- EasyClean technology
- Large, tinted oven window
- 0.8 cu. ft. storage drawer
- Front knob controls
- White LED display
- 7 adjustable rack positions
- Door lock for child safety



LG LSE4617TH Slide- in Range \$1171.68 SALE \$1077.32

- Single oven cooking range delivers quick and healthy cooking.
- Plenty of room for your pots and pans with 5 cooking elements
- Faster boil time with 4000 W cooking element power
- Eye-catching glass ceramic cooktop surface
- Wi-Fi connectivity so you can control it with your smart device
- ProBake Convection for even baking results on all racks
- Infrared heating replicates grill cooking
- EasyClean provides a quick a convenient way to clean your oven
- LG SmartThinQ app compatible so that you can control your smart oven from anywhere
- Works with Google Assistant and Amazon Alexa
- Sleek, built-in design offers a streamlined custom appearance
- ADA Compliant



Frigidaire GCRG3038AF \$899.60 SALE \$827.63

5.0 cu. ft. freestanding gas range
 Smudge-Proof finish resists fingerprints and is easy to clean.
 Quick Boil burner boils water faster with a powerful 18,000 BTU burner.
 Low Simmer burner is perfect for cooking delicate foods and sauces.
 Fast Steam cleaning option is chemical-free, odor-free, and fast.
 Quick Bake Convection bakes faster and more evenly.
 Self-Clean options available in 2, 3, and 4-hour cycles.
 Continuous black-matte cast iron grates
 Sabbath Mode

**Frigidaire GCR13058AF \$1029.70 SALE \$947.32**

5.4-cu. ft. induction range
 Flexible four element cooktop
 ReadyCook Air Fry Tray makes healthier and delicious meals.
 True Convection uses a powerful convection fan and third heating element to evenly circulate hot air.
 Smudge-proof finish & Fast Steam cleaning option
 Induction cooktop heats the pan and food in it, and not surrounding areas.
 Quick Boil feature boils water 50 percent faster than a gas or electric cooktop.
 Auto Sizing pan detection sends heat to whatever small, medium, or large pan you are using.
 The built-in storage drawer is perfect for additional pots and pans.

**Crosley XB625DK5WW \$687.70 SALE \$632.68**

5.3 cu. ft. oven capacity
 Self-clean oven
 Oven window
 Sensor-Temp Technology
 Porcelain Upswept cooktop
 Dual-element Bake
 Removable full-width storage drawer

**GE JB655YKAFS \$1101.53 SALE \$1013.41**

12"/9" dual element
 No-Preheat Air Fry
 Convection
 Self-clean oven
 Large capacity oven
 Fifth element warming zone
 9"/6" Power boil element
 Fingerprint resistant stainless
 Removable storage drawer
 Delay bake
 Delay clean

**GE JGBS10DEMWW \$552.50 SALE \$508.30**

Front controls - easily-accessible controls
 4.8 cu. ft. oven capacity - enough room to cook an entire meal at once
 Sealed cooktop burners
 Heavy-duty grates - durable grates are easy to clean
 Broil option - a versatile heating element allows for more cooking options in the oven
 Standard clean oven - smooth surface makes cleaning by hand easier



If you have questions, please call Roxanne at (218) 743-3132.

BVCF awards Blandin Foundation community grants

(l to r) Sandra Lyytinen, Marcell Township Supervisor; Kristen Huot, Chief Operating Officer, Bigfork Valley Community Foundation.



(l to r) Lil Longtine, Effie Council Member; Meredith Morneau, Bigfork Valley Community Foundation Board Member; Tom LaMont, Effie Council Member; Greta Drewlow, City of Effie Mayor.



The Bigfork Valley Community Foundation has been awarded two Blandin Foundation Small Community Development Grants; a \$75,000 grant for the city of Effie and a \$50,000 grant for Marcell Township. Funds will be spent on a variety of community development projects in the two communities.

The Bigfork Valley Community Foundation is a 501 (c)(3) non-profit organization whose mission is to address current and future needs of the Northern Itasca Hospital District and its communities through charitable contributions.

Hunter's Suppers

Friday, November 4

Bigfork Improvement Group

Location: B.I.G Community Center, Main Ave.
Time: 4-7 p.m.
Cost: Free will donation
Menu: Swedish meatballs, mashed potatoes, green beans, roll, dessert.
Silent Auction.

Mustang Volleyball

Location: Senior Center, Northome
Time: 4-7 p.m.
Cost: Free Will donation
Menu: Meatballs, mashed potatoes, gravy, corn, cole slaw, buns, dessert

Northwoods Saddle Club

Location: Effie Community Center
Time: 4-7 p.m.
Cost: Suggested donation \$8
Menu: Turkey, mashed potatoes, gravy, stuffing, cranberry sauce, dinner roll, dessert
Also: Baked goods available.

Wildwood - Plum Creek

Lasagna Dinner to Go - feeds 4-6 adults - \$50
Available Friday, Nov. 4 and Saturday, Nov. 5
Email WildwoodPlumCreek@gmail.com to place your order and for more details, or call 218-897-9596, ask for Jodi or Lauren

Saturday, November 5

Balsam Volunteer Fire Department

Location: Balsam Community Center
Time: 5-8 p.m.
Cost: \$15, 10 and under free
Menu: Roast beef, potatoes and gravy, corn, dessert
Gun raffle ticket at door, \$2

Wildwood-Plum Creek

Lasagna Dinner to Go - feeds 4-6 adults
See Friday listing.



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Edge Gallery

“Conversations with Ancestors”

by Gail Blackmer
Traditionally, the Edge Center Gallery has curated an Indigenous art exhibit during its season of month long rotating shows. The chosen Native artists have always brought cultural awareness and connection to the natural world woven into their pieces, often telling us the stories of lessons they learned from their elders when we have had the opportunity to meet and speak with the artist in person at the public reception.

Beginning November 3, the work of Inkpa Mani, a 25 year old multimedia painter, sculptor and image maker of mixed Indigenous ancestry, will be displayed at Bigfork’s Edge Center Gallery.

A Meet the Artist reception will be held on Friday, Nov. 18, from 5-7 p.m. This is a change from our usual first Friday reception, and would be a perfect time to come

out and view the exhibit when the early darkness of this time of year has begun to feel confining.

Inkpa Mani celebrates the histories, languages and vibrant cultures of Indigenous people. He creates work based on his experiences and stories that have been passed down through extended family, and considers his work as a way to honor them.

He has done sculpting in metal and in stone, as well as beautifully detailed drawings and paintings that make them come alive. His larger pieces will surely be dramatic on the Gallery walls and likely will remind viewers to listen to our elders and remember our history.

Inkpa Mani grew up in northern Mexico and on Friday, Nov. 18, from Minnesota, graduating from the University of South Dakota in 2019. He currently lives in Wheaton, Minn., is



Inkpa Mani is an educator at Tiospa Zina tribal school and is working on a 60,000 lb. stone sculpture in Sisseton, So.Dak.

Don’t miss this chance to see the final show of our 2022 season, as the permanent collection of pieces will be back on exhibit during winter activities at the Edge Center.

The gallery committee is already at work

planning the 2023 season to bring visual arts to our community. The exhibits are chosen to provide a variety of media and appeal to different tastes! “Conversations With Ancestors” by Inkpa Mani is an exciting immersion into Indigenous culture, portrayed through color and symbolism.

Everyone is invited to come and talk with this amazing young artist on Friday, Nov. 18, from 5-7 p.m. This exhibit will be at the gallery connected to the Bigfork School through December 3; open Thursday, Friday, and Saturday from 10 a.m.-4 p.m.

Thank you for your support!

Classic movie series

by Jack Nachbar
Back in 1955, narcotics addiction seemed to be in the news virtually every day. Despite this national obsession illegal drugs played no part at all in the movies. Since 1934, drug use in films had been forbidden by the Code of the Hollywood Production Code Administration.

The powerful movie directly led to the PCA’s revision of the Code allowing drug use as a dramatic screen topic. *The Man with the Golden Arm* will be shown at 6:30 p.m. at the Edge Center Theater in Bigfork on Thursday, Nov. 10. FREE.

Director Otto Preminger strongly opposed this censoring, however, and he made a movie centered on heroin use. *The Man with the Golden Arm*, starring an Oscar-nominated Frank Sinatra, was released without a Code seal.

DECEMBER CLASSIC MOVIE: A happy musical fit for your Holiday mood. The Beatles star in their first movie, *A Hard Day’s Night* (1964). Thursday, Dec. 8, at 6:30 p.m. at the Edge.

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SAIL classes

ElderCircle has replaced Bone Builders with “Stay Active & Independent for Life (SAIL).” For more information or to register (required), contact ElderCircle at (218) 999-9233.

New attendees may start anytime. Weights are provided but please bring your own water.

Following is the local schedule as of July 6::

- Virtual via Zoom video conference
Mondays & Thursdays, 10:30 a.m.-12:00 p.m.
- Virtual via Zoom video conference
Tuesdays & Thursdays, 9:00-10:30 a.m.

In person at:

- Bigfork Old Scenic Church,
Tuesdays & Thursdays, 9:00-10:30 a.m.
- Bowstring Town Hall
Tuesdays & Thursdays, 10:00-11:30 a.m.
- Deer River, Bethany Lutheran,
Mondays & Thursdays, 10:30 a.m.-12:00 p.m.

B.I.G. Community Center in Bigfork

Coffee Club Monday-Friday 7 a.m.-9 a.m.
Bingo every Thursday 1-3 p.m.

Join Elder Circle for Coffee Talk!

Coffee Talk is a drop-in chat line for older adults. If you are like us and feeling a little up and down these days, you might enjoy a good phone chat. Grab your favorite morning beverage, you decide when to call for good company and engaging conversation.

It’s FREE and confidential. Program is a partnership of Elder Circle with Little Brothers - Friends of the Elderly.

Monday – Friday 8 a.m. to Noon
(218) 293-4412 or (877) 238-2282

Tax-Aide seeks volunteers

Tax-Aide is an AARP Foundation group that provides free tax preparation services to residents of Itasca County, with a focus on older adults and those with low-to-moderate income. Tax Aide in Itasca County is seeking volunteers who are interested in helping with this impactful service. We are seeking 1-2 volunteers for Client Facilitator or Tax Counselor. This is an opportunity to make a significant contribution to the local community.

If you are interested in either of the positions, or if you would like more information (with no obligation), contact:

Tax Aide at (218) 245-9202 or send an email to taxaidegr@gmail.com, or ElderCircle at ecircle@eldercircle.org or (218) 999-9233 and leave your contact information.

You do not need to be an AARP member to participate. Face-to-face contact with clients is not required of all tax preparers at this time.

ElderCircle is the sponsoring agency. This program is funded by the State of Minnesota, Department of Revenue.

Bigfork postpones lift station project, keeps levy request level

by Sally Sedgwick
In its Sept. 20 meeting, the Bigfork City Council set the preliminary levy at \$200,000; the same amount as last year. The preliminary 2023 budget totaled \$922,333.60, with the council noting that the budget includes American Rescue Plan (ARP) monies accepted, anticipated increases in electricity, fuel and heating rates; and a 3 percent raise on the base rate for water & sewer due to inflation. It was noted that the two engineers from Widseth

working with the city on the water system project are out on medical leave; grant writing is continuing and a new engineer has been assigned. The council decided to move forward on bidding for the Golf Course Road lift station project, but at the October meeting the project was postponed to 2023, due to weather and not receiving the number of bids requested through the Iron Range Resources and Rehabilitation grant that was received toward the project. Snowplowing on Main

Ave. is being discussed with the Minnesota Department of Transportation; the state wants to limit its snowplowing to the driving lanes after the 2023 construction, however the city does not have the equipment to change the current procedure and would have to hire a contractor. At the October 11 meeting, winter skating rink flooding and maintenance was discussed. Fire department volunteers will be contacted, or there is some funding available through charitable gam-

bling. The council approved two ordinances to amend the zoning map: Ordinance No. 198 to rezone a parcel from Commercial/Business to Multi Family Residential to accommodate conversion to apartment rental, and Ordinance No. 199 to return a property to agricultural that was sold by Bigfork Valley to a private party. The meeting was closed for discussion of a personnel issue.

Excerpts from articles in Scenic Range NewsForum.

Effie sets levy request, hears MnDOT plowing policy

by Sally Sedgwick
In its September meeting, the Effie City Council set its tentative levy at \$44,467.50 or 10 percent above last year’s levy. The final certification will occur

in December, and could be lowered but not increased. The council revisited the denial of an on-sale liquor license to the Effie Café. A one year license was approved. The

café also applied for a building permit for an all-season deck, which was approved. Chris Cheney from the Minnesota Department of Transportation was present to explain winter in-town plowing policy. The council noted that plowing on Highway 38 between Bigfork and Effie gave the appearance of a wide shoulder when it was actually narrow, and this had caused accidents. A speed limit

sign on Highway 38 was requested.

The council voted to serve an abatement notice on Oct. 15 for a fire damaged property, heard a sewer report and corrective actions from Advanced Utility Solutions. The council also heard that a grinder station pump was not functioning because of a missing electrical cord adapter.

Community Cafe

The Community Cafe is available to anyone who is in need of a meal. There is no income or financial qualification to receive a free meal. Each Tuesday through Thursday from 4:30 p.m.- 6:00 p.m. (or until gone), a nutritious three-course meal is served. Location: King Elementary School. for more information, visit communitycafemn.org.

area bookmobile stops

New to the area? Get your Arrowhead Library Card on the Bookmobile.

Tuesdays: Nov. 1, 22; Dec. 13
 10:30 a.m.-11:30 p.m. Bowstring Store
 12:00-1:00 p.m. Spring Lake Store
 3:00-4:30 p.m. Effie: Effie Cafe
 5:00-6:30 p.m. Bigfork: City Hall

Thursdays: Nov. 3; Dec. 15
 11:45-12:45 Togo: Junction Bar & Grill

Mondays: Nov. 21; Dec. 12
 12:30 -1:00 p.m. Gemmel; Comm.Church
 1:45 - 2:30 p.m. Northome; Apartments
 3:15 - 4:15 p.m. Alwood; Hoot-n-Holler
 4:30 - 6:00 p.m. Squaw Lake; Community Ctr

Bookmobile or Mail-a-Book information: call Arrowhead Library System at (218) 741-3840

| | |
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| <p>Northome Food Shelf 12059 Main St Bring your own bags. 1st Mon.: 9 a.m.-noon 2nd Mon.: 2-5 p.m. 3rd Mon.: 9 a.m.-noon 4th Mon.: 2-5 p.m.</p> | <p>Northern Itasca Emergency Food Shelf 200 Main, Bigfork Thursdays 12:30-3 p.m. 3rd Thursday 4-5:30 p.m. (218) 743-3381</p> |
| <p>Blackduck Community Library: (218) 835-6600 Tues: 1-6 p.m.. Wed: 9 a.m.-12 p.m. Thurs:12-5 p.m. Fri: 12-5 p.m. Sat.: 9 a.m.-12 p.m.</p> | <p>Northome Library (218) 897-5952 Mon: 9 a.m.-4 p.m. Tues: 9 a.m.- 3 p.m. Wed: 9 a.m.-4 p.m. Thurs: noon - 6 p.m. Fri: 9 a.m.- noon</p> |
| <p>Resource Centers:</p> | |
| <p>Blackduck: (218) 835-5768</p> | <p>Northome: (218) 897-5952</p> |

Community News

Email editor at sedgwick@paulbunyan.net,
put Community News in the subject line

~ November Calendar ~

Blackduck

Joe Kimball author of the best-selling "Secrets of the Congdon Mansion." Will be giving a talk about his first hand account of these events as a reporter. Blackduck Community Library, Friday, Nov. 4, 5-7 p.m

Northome

The annual Christmas Traditions Craft Sale will be hosted at Northome's Senior Center on Sat., Nov. 19, 10 a.m.-3 p.m. Tables available; call Rosemary Wint at (218) 897-9553.

Sand Lake

The Sand Lake Alliance Church is hosting a Festival of the Nativities on Saturday, Nov. 26. Over 100 Nativity scenes will be displayed. If you have one you would like to share, call Susan at (218) 659-2644. Music will be played all afternoon, a Christmas Sing-Along will be at 7 p.m.

General Interest

Learn to Curl! The Itasca Curling Association is offering Learn to Curl Open Houses on Nov 4 and 11, 5:30 to 8 p.m. at the club rink at 902 Hale Lake Pointe in Grand Rapids. Bring clean shoes and a warm coat. More information at (218) 999-5875 or itascacurling.com/

Like antique shopping? Area vintage shops are hosting a Junk Hunt Shop Hop on Friday and Saturday, Nov. 18 and 19. Locations include: Annabella's, The Antique Co, Clara's Cupboard Antiques, The Evergreen, Tavern on the Range, Unwined Up North, The Pearl.



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MFC hours:

Fitness Center, gymnasium, multi-purpose room, public computer room and WiFi hotspot.

Mon: 11 a.m.-2 p.m., 4-7 p.m.
Tues, Thurs: 11 a.m.-2 p.m., 4-7 p.m.
Fri: 11 a.m.-2 p.m., Sat: 9 a.m.-2 p.m.

- 1 Bigfork Valley Hospital Board meets, 9 a.m. Contact (218) 743-1772 for telephone or virtual attendance information.
- 2 "The Club I Never Wanted To Join" breast cancer support group meets, 3:30 p.m. at Zion Lutheran Church in the chapel, use south entrance, 2901 Highway 169, Grand Rapids. More info with Lynn Ettl (218) 832-3612, lynn_ettl@msn.com
- 4, 5 Hunter's Suppers, see p. 10.
- 5, 6 Fall play at Blackduck School, 7 pm.
- 6 Daylight Savings ends - set clocks back one hour.
- 7 No school, all schools
- 8 General election.
- 9 Bigfork City Council meets, 5:30 p.m. in Bigfork City Hall. Note the change of date due to the general election.
- 9 ISD 363 South Koochiching-Rainy River School Board meeting, 7 p.m.
- 11 Veterans Day. North Itasca Electric offices will be CLOSED.
- 12 Blackduck Holiday Craft Fair 9 a.m.-3 p.m. at school, multipurpose room, gym and hallways. Crafters, vendors, homemade food; For information, call Tammy at (218) 835-5202.
- 12 Blackduck ISD32 School Board, 7 p.m. in the Media Center.
- 13 Classic Movies at The Edge Center, Bigfork. *The Man with the Golden Arm* (1955), starring Frank Sinatra will be shown at 6:30 p.m. Free.
- 13 Community Thanksgiving Dinner at Marcell Community Church, 5-7 p.m. Turkey dinner with all the fixings! Free.
- 14 Women of the Woods meet at 10 a.m. at Sand Lake Community Center. Call Pat Sievertson at (218) 659-2157.
- 14 ISD317 School Board meets, 6 p.m., public forum 5:45 p.m.
- 14 Effie City Council meets at Effie Community Center, 6 p.m.
- 15 ISD318 School Board meeting in Grand Rapids or at watchictv.org, 6:30 p.m. Open Forum, 6 p.m. Contact for information: jasmussen@isd318.org or call 327-5704.
- 18 No school, Deer River, Bigfork schools
- 18 Annual Art and Craft Sale by Edge of the Wilderness Art League. 10 a.m. - 4 p.m. Friday, 10 a.m. - 2 p.m. Saturday at Bigfork City Hall.

Area Church Directory

Alvwood Community Church Sun 10:00a
58712 Co. Rd. 131
Blackduck 56630 659-4681

Balsam Bible Chapel Sun 10:00a
41516 Scenic Hwy 7
Bovey 55709 245-1960

Bear River Lutheran Church Sun 10:00a
11141 Hwy 22
Cook 55723 376-1012

Bethesda Lutheran Church Sun 9:00a
Mizpah 56660 897-5654

Bigfork Assembly of God Sun 9:30a
101 Golf Course Ln
Bigfork 56628 743-3500

Bowstring Chapel Sun 10:15a
45114 Co Rd 133
Deer River 56636 832-3171

Calvary Covenant Sun 10:30a
54764 Co. Rd. 31
Northome 56661 897-5684

Centennial Lutheran Church Sun 8:30a
Hwy 46
Squaw Lake 56681 259-0115

Deer River Bible Church Sun 10:00a
33276 State Highway 6
Deer River 56636 246-9570

Dora Lake Alliance Sun 10:00a
59329 Co Rd 145
Northome 56661 659-4551

Effie Fredheim Lutheran Church (ELCA) Sun 8:30a
Hwy 1
Effie 56639 743-3368

First Presbyterian Church, BF Sun 10:15a
109 Ash St.
Bigfork 56628 743-3783

Gemmel Community Church Sun 10:00a
10609 Town Rd 34
Gemmel 56660 897-5966

Grace Community Church (ELCA) Sun 10:15a
401 State Hwy 38 N
Bigfork 56628 743-3368

Hope Lutheran Church Sun 10:30 a.m.
12234 Third St.
Northome 56661 897-5654

Jehovah's Witnesses Tu 7:00p., Sun 10:00a
Hwy 38
Bigfork 56628 743-3275

Jesse Lake Lutheran Church Sun 8:30a
45834 Co. Rd. 4
Talmoon 56637 832-3883

Marcell Community Church Sun 10:30a
49103 State Hwy 38
Marcell 56657 832-3200

Northome Community Church Sun 10:00a
12071 Bartlett St.
Northome 56661 897-5040

Northwoods Chapel Sun 9:00a
50539 Mushgee Rd. (corner of Co. Rd. 622)
Deer River 56636 659-2784

Old Scenic Community Church Sun 10:30a
25747 Co. Rd. 340
Bigfork 56628 659-2727

Our Lady of the Snows Catholic Church Sun 9:00a Mass also W, Th, F 9:00a.
320 Golf Course Ln
Bigfork 56628 743-3255

Sand Lake Alliance Sun 10:00a
55581 Co. Rd 4
Spring Lake 56680 659-2872
Church website: www.sandlakealliancechurch.org

St. Catherine's Catholic Church Sat 4:00p
52265 State Hwy 46
Squaw Lake 56681 743-3255

St. Michael Catholic Church Sat 7:00p; Tu 6:00a
12026 Lake St
Northome 56661 743-3255

Seventh Day Adventist Sun 11:30a
12352 Hwy 46
Northome 56661 897-5723

Suomi Evangelical Lutheran Church Sun 10:30a
42935 Co. Rd. 48
Deer River 56636 832-3883

True Life Church Sun 10:00a
45976 Terry
Talmoon 56637 244-7089

18 Reception for "Conversations with Ancestors," an exhibit of the work of Inkpa Mani, 5-7 p.m. at the Edge Gallery, Bigfork. Exhibit runs through Dec. 3. Gallery is open Thurs.-Sat., 10 a.m.-4 p.m.

19 Christmas Traditions Craft Sale at the Northome Senior Center, 10 a.m.-3 p.m.

24-25 No school, all schools. Thanksgiving holiday. North Itasca Electric offices will be CLOSED.

26 Festival of the Nativities at Sand Lake Alliance Church on Co. Rd. 4 west of Spring Lake, 1 p.m. through the afternoon. At 7 p.m. join a Christmas Sing-Along.

28 Women of the Woods meet at 10 a.m. at Sand Lake Community Center. Call Pat Sievertson at (218) 659-2157.

Church directory sponsored by
North Itasca Electric Cooperative,
send changes to editor,
sedgwick@paulbunyan.net

Staying safe on cold water is everyone's responsibility

The Minnesota Department of Natural Resources reminds anyone whose autumn plans include spending time on or around the water to keep safety in mind. While more boating-related accidents happen during the summer, boating fatalities are higher during the cold-water season.

As water temperatures drop, water-based activities become riskier. A fall into a cold lake, pond or river can result in even a strong swimmer becoming incapacitated quickly. Further, cries for help can go unheard and rescues can take longer than in the warm-weather months when more people are on or near the water.

people who survive such experiences tend to be the ones who are best prepared," said Lt. Adam Block, DNR boating law administrator.

The easiest and most effective way to stay safe and survive a fall into the water is to wear a life jacket. Having a life jacket "nearby" will not help in an accidental fall. Foam

life jackets are the best option when the water is cold because inflatable life jackets may not fully inflate.

While boating or paddling, people can reduce the likelihood of a fall overboard by distributing weight evenly and abiding by the manufacturer's weight limits. Changes in weather

that result in shifting winds and storms can also lead to a treacherous situation, so it's vital for anglers, hunters and others recreating on or near the water to keep an eye to the sky. For more information, including how to survive a fall into cold water, see the DNR's cold water safety page.

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| Bigfork Dental 303 Main Ave (218) 743-3600 Open Mon-Fri | Big Falls Medical 410 2nd St NW (218) 276-2403 Open Mon, Wed, Fri |

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DNR lunchtime webinars

Join a Department of Natural Resources webinar this fall to find out more about outdoor skills and stewardship. There are five webinars scheduled for November. They start at noon and last about an hour. Topics include the following:

Nov. 2: Preserving your harvest (meat and fish)
Nov. 9: You bike in the winter? Explore all that fat biking has to offer

Nov. 16: The art of wildlife photography
Nov. 23: Minnesota State Park opportunities (Black Friday is Free Park Day)
Nov. 30: Fishing for Northern Pike

Registration is required: there is a short voluntary survey at registration. Go to dnr.state.mn.us/fishwildlife/outreach. Past topics are also available.

• recipe • recipe • recipe • recipe • recipes • recipes • recipes • recipes • recipes • recipes • recipes • recipes •

Irish Pork Chops

Thank you to Carolyn Wojtysiak for this November recipe!

- 1 pkg. hash browns, thawed
- 8 oz. sour cream
- 1/2 cup cheddar cheese, shredded
- 1/2 cup French fried onions
- 1 can celery soup

Mix all together and put in 9" x13" pan.

Brown 4- 6 boneless pork chops and lay on top of mixture. Sprinkle with 1/2 cup cheddar cheese and 1/2 cup French fried onions.

Bake at 350° for 45 -60 minutes.



Salted Nut Roll Bars

Thank you to Janet Kogler for this November recipe!

- 16 oz. dry roasted salted peanuts
- 10 oz. Reese's® peanut butter chips
- 3 Tablespoons butter
- 1 can sweetened condensed milk
- 1/2 bag marshmallows

In a 9"x13" pan, lightly greased, sprinkle in half of peanuts.

In a saucepan, melt peanut butter chips, butter and sweetened condensed milk. Add marshmallows and stir until melted. Spread over peanuts, then top with remaining peanut. Cool in refrigerator for one hour.

You may need to let them sit at room temperature for a few minutes in order to cut.

Please share your recipe with us! If your recipe is chosen, you will receive a \$10 credit on your electric bill from North Itasca Electric Cooperative. Send your recipe to the editor, WATTS NEWS, P.O. Box 43, Spring Lake, MN 56680.

AD DEADLINE

for the DECEMBER issue: Weds., Nov. 16

CLASSIFIEDS

Keep us up-to-date

Please keep your contact information current with our office. Please notify North Itasca Electric of any changes in property ownership, mailing addresses, phone numbers and email addresses.

Road conditions:

Call 511 or visit hb.511mn.org (low bandwidth: lb.511mn.org).

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√ Firewood processing

-WANTED-

Needed: Used bookcases, any size or style. Call (218) 832-3537 12/22
Wanted to buy: Used scaffolding in good condition. Call (218) 659-2779 11/22

-SALES-

Art and Craft Sale by Edge of the Wilderness Art League. Fri, Nov 18, 10 a.m.-4 p.m.; Sat Nov 19, 10 a.m.-2 p.m. at Bigfork City Hall. Unique purses, dryer balls, etched glass, pottery, stained glass, rosemaling, soaps, more.

-FOR SALE-

For sale: Sachs Delmar 114 chainsaw with extra chain for sale. Runs great, just serviced at The Shop. \$200. Call 218-743-3326 12/22
For sale: 225 amp Lincoln welder, \$70. Husqvarna backpack leaf blower, very good condition, \$155. Call (218) 832-3050

-FOR SALE-

For sale: Garage heater. Heavy duty hot water heater can hook to outdoor furnace, floor or ceiling mount. \$300. Call (218) 256-3829 11/22
For sale: Whirlpool natural gas dryer 100. New Mercury prop, 5-25 hp, \$35. Call (218) 245-0112 11/22
For sale: Homemade tandem axle trailer with spare. \$600. Call (218) 256-3829 11/22

For sale: LG 29 cu. ft. French door refrigerator, 2015 model LFXS 29626 in white. Filtered ice and water dispenser on outside of left door. Used for 5 years. Like new condition. New cost \$2,500, sell for \$1,300. Call (218) 308-1335 11/22
For sale: 1 box of Winchester 338 magnum 200 grain rifle shells, \$55 Call (218) 832-3329 11/22
For sale: Birch firewood, split, seasoned, 16 inch U haul. \$90 large pick-up load. Co. Rd. 127. Call (218) 659-2726 11/22
For sale: Winchester Model 94 lever action 30-30 rifle with offset scope. Serial # 440-4865. Near flawless condition. \$ 595. Appraised at \$ 650 by rifle expert Call (218) 659-2797 11/22
For sale: Cut, split, seasoned birch, ash, maple, aspen firewood. Call (218) 910-6610 12/22

For sale: 60 aluminum 1 5/8 in wide x 10 ft long studs, new, \$ 6 ea.. German Adler manual typewriter \$25. 1952 children's folding table and chairs \$75. Call (218) 910-6610 11/22
For sale: Cut, split, seasoned birch, ash, maple, aspen firewood. Call (218) 910-6610 12/22

For sale: 1996 Polaris snowmobile XLT 588 cc. Great shape. Low miles, 3,300. Also included: traction products and cover. \$1,500 Call (612) 300-7725 12/22

For sale: 1987 Mallard travel trailer. Will make a good hunting shack. You must move. Sold in "as is" condition. All sales final. \$1,000. Cash only. Call (612) 940-6922, ask for Ken 11/22

-FOR SALE-

For sale: 60 aluminum 1 5/8 in wide x 10 ft long studs, new, \$ 6 ea.. German Adler manual typewriter \$25. 1952 children's folding table and chairs \$75. Call (218) 910-6610 11/22
For sale: Cut, split, seasoned birch, ash, maple, aspen firewood. Call (218) 910-6610 12/22

-VEHICLES-

For sale: 2007 Chrysler Pacifica, 2005 Chrysler Pacifica, 1986 K10 4x4 Chevy pickup with 8 ft. box, 1999 Ford F150 4WD, 2000 F150 4WD, 2001 Chevy Impala, 1978 High Boy Ford 4x4 Pickup, 1979 4-speed with gear driven transfer case and front drive shaft. Call (320) 387-2372 (home), or (320) 333-8391 (cell) 12/22

-WINTER SPORTS-
For sale: Ice Castle, 16 ft., been on lake 3 times. Call (320) 387-2372 (home), or (320) 333-8391 (cell) 12/22

For sale: 1996 Polaris snowmobile XLT 588 cc. Great shape. Low miles, 3,300. Also included: traction products and cover. \$1,500 Call (612) 300-7725 12/22

-MOTORHOME-CAMPERS

For sale: 1987 Mallard travel trailer. Will make a good hunting shack. You must move. Sold in "as is" condition. All sales final. \$1,000. Cash only. Call (612) 940-6922, ask for Ken 11/22

-FARM-

For sale: Set of horse harness with collars and bridles, \$500. Older saddle with pad, \$190. Double tree, 2 single trees, one yoke. \$20. Call (218) 832-3050 12/22
For sale: Horse halters. Different sizes. \$4 apiece. Call (218) 832-3050 12/22
For sale: Net for large round bale, \$60. Several hay bags for feeding horses. Call (218) 832-3050 12/22

Notice: General Election

November 8, 2022
Marcell Township
Marcell Town Hall- 48705 Town Hall Road
Please note Polling Hours- 10:00 AM- 8:00 PM
If you have any questions, please contact Tracy Chase at 218-832-3965 (leave message) or email marcell.township@yahoo.com.
Thank you, Marcell Township

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Christmas contests at the Co-op

**Kids Coloring Contest
Christmas Cookie/Candy Contest
Letters to Santa**

**Deadline:
Friday December 9th**

Coloring Contest:

One winner will be picked from kindergarten, first, second and third grade. Please turn in your entries by Dec. 9. They can be dropped off in our entryway drop box or mailed to P.O. Box 227, Bigfork, MN 56628. We will display all the photos that come in and judge them on the 10. Coloring pages will all be published in the WATTS News unless for some reason you wish it not to be. Winners will be called to pick up their prize.



North Itasca Electric Kids Coloring Contest



Annual Christmas Cookie/ Candy Contest:

Once again it is that time of year – dust off your recipe books and send in your best candy and cookie recipes. We want to get as many recipes as possible so we can make a recipe book. Please get recipes in as soon as possible so we have time to retype and put them in a book. Please don't send copyrighted material, make the recipe your own! Winners will receive \$50 for the 1st prize, \$25 for 2nd place and 3rd place is \$15. Plus, the winning recipes will be in the WATTS News so you will also get another \$10 off your monthly bill! You can mail or email the recipes to the Co-op at P.O. Box 228, Bigfork, MN 56628 or roxanne@nieci.com. I look forward to seeing lots of good recipes. Please have them here by Dec. 9 so we have time to get them together. I can email or mail you a book, or you can stop in and get one in our entryway.

ITASCA COUNTY COMMISSIONER



- ✔ COMMON SENSE APPROACH
- ✔ HONESTY & INTEGRITY
- ✔ WILLINGNESS TO LISTEN
- ✔ ACCOUNTABILITY

- ✔ SQUAW LAKE CITY COUNCIL
- ✔ SQUAW LAKE VOLUNTEER FIRE DEPT.
- ✔ PRESIDENT OF LOCAL DUCKS UNLIMITED CHAPTER
- ✔ PRESIDENT OF LOCAL SNOWMOBILE CLUB
- ✔ SMALL BUSINESS OWNER

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FOR ITASCA COUNTY

Prepared and paid for by Cory Smith.

Edge of the Wilderness Art League
Art & Craft Sale
Bigfork City Hall

Friday, Nov. 18
10 a.m. – 4 p.m.

Saturday, Nov. 19
10 a.m. – 2 p.m.

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